

TRACKING YOUR CALORIES?



MyFitnessPal is the leading free app and website helping people improve their health. Most AVI selections have nutritional information available on MyFitnessPal.

Using MyFitnessPal is free and easy!

1. Download the app from the Google Play Store, Apple App Store or Microsoft Store.

Or you may use the website at MyFitnessPal.com

2. Set up your free account in just minutes.
3. Find AVI selections in the search field and add them to your diary.

Example: [nutriGOOD Lean Trio Sub](#)



Note: Barcodes utilized in the app are intended for nationally branded products. For AVI selections, please use the search field.



Every customer has complete and total access to our industry-leading wellness website. Find educational pieces and comprehensive nutritional data for AVI selections sold in this store.

Visit AVInutriSOURCE.com.

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